



Kent Hearing

Preparing for your hearing consultation

Everything you need to know about your visit



www.kenthearing.com

What will happen at my hearing consultation?

If you haven't attended a hearing consultation before and you are not sure what to expect, it is natural that you may feel a little nervous or apprehensive. There is no need to!

The purpose of your consultation is to make sure that your hearing is as good as it possibly can be and, if needed, to put you on a path to better hearing health and improved communication. Almost everyone who visits us for a hearing consultation finds it an interesting and informative experience, so relax and try to enjoy your time with us.

Before your visit

When we speak to you on the telephone and book your consultation, we will ask you some questions about your hearing and your general health. This will help us prepare fully for your consultation and make sure that the time we spend with you is as productive as possible and tailored specifically to your needs and hearing condition.

Please allow 60 minutes for your consultation unless we advise otherwise and arrive 5-10 minutes before your appointment time to check in at reception. If you already have hearing devices, please bring these with you, along with any old reports or results from previous hearing tests that you may have had.



We encourage you to bring your spouse, partner or a loved one with you to your consultation. Gaining an understanding of your hearing from someone who is often with you will help us better assess your condition and assist with any help you may need going forwards.

What to expect at your appointment

Your appointment will take place in our comfortable clinic consultation rooms in a friendly, relaxed atmosphere. Our objective is to understand your hearing needs and to give you the best possible options for your future hearing care. Not everyone we see has a bad hearing loss, and not everyone that comes to us for a hearing consultation needs hearing aids.

We will start by asking you about your hearing, your medical history, your lifestyle and your everyday hearing situations, before examining both of your ears. We will then undertake a detailed hearing test, during which you will be asked to wear headphones and to listen to and identify sounds. Once finished, we will then carefully evaluate these tests before discussing the results with you. We have many years' experience in all aspects of hearing health and our expertise will enable us to provide you with the best possible personal treatment plan dependent on your condition.



Impartial, expert advice and long-term, personalised care

If we believe that you would benefit from hearing aids, we will discuss this with you and explain all the options available to you. We are totally impartial in our recommendations and not aligned to any particular hearing aid supplier or provider. We will recommend only the best solution for your individual hearing condition and lifestyle. If we feel that additional or specialist advice is needed, we will make appropriate referrals, for example to your GP, or another medical practitioner or surgeon.

Should hearing aids be recommended, we will take measurements of your ears at the end of your consultation so that your devices are well fitted, and then make impressions if needed. We will also schedule a separate appointment for your hearing aids to be fitted. This is just the start of your journey to better hearing with regular follow-ups, reviews and hearing check-ups arranged to meet your specific hearing needs.

"I cannot thank you enough for giving my father such a transformation in his life. None of us realised just how bad his hearing was and the new aids will improve his quality of life enormously. Thank you again." David



Why it's important to have your hearing checked

If you think there may be something wrong with your hearing, it is important to get it checked out as soon as possible.

- Hearing loss is a common condition with around 40% of people over 50 having some form of loss. It often comes on gradually and the earlier it can be diagnosed, the more effectively it can be managed for long-term benefit.
- Hearing loss can also be the sign of other underlying conditions so seeking professional advice may help to identify these.
- If left untreated, hearing loss can start to affect everyday activities including communication at home and at work and the ability to listen to everyday sounds including music or the television.
- Untreated hearing loss has also been linked to several other conditions including dementia, diabetes, anxiety and depression, heart disease and falls.

To discuss your hearing with us or arrange an appointment, please call 01732 525912 or email info@kenthearing.com



At Kent Hearing our aim is to help our patients improve their hearing and communication in all listening environments. We provide expert advice, personalised care and the most suitable hearing technologies for each patient's individual communication needs. Our services include:

- Earwax removal (microsuction)
- A full range of diagnostic services
- Hearing aids
- Custom devices
- Tinnitus
- Children's hearing



Kent Hearing

We look forward to seeing you

We provide an entirely patient-centred approach, using our extensive experience and expertise to ensure that each individual receives the most suitable, personalised treatment plan and solutions for their specific condition and lifestyle.

For more information please call us on 01732 525912.